Intermountain® Healthcare

UTAH SLEEP SOCIETY

The 12th Annual –

Utah Sleep Society Conference

FRIDAY, FEBRUARY 25, 2022

7:30 a.m. - 5:00 p.m.

Intermountain Medical Center*
Doty Family Education Center, Murray, Utah
*Virtual Viewing Options Available

REGISTER NOW

TARGET AUDIENCE

Registered and non-registered sleep techs, respiratory therapists, nurses, advanced practice providers, physicians, and electroencephalogram techs

COURSE OBJECTIVES

Upon completion of this activity, participants should be able to:

- Review how COVID-19 can affect a patient with sleep disorders
- Recognize the effects of Influenza on sleep
- Discuss opportunities to increase the ability to treat restless leg syndrome (RLS) with augmentation
- Identify ways to improve your knowledge and marketability as a sleep tech
- Discuss cannabis and how it affects our sleep
- Compare the diagnostic criteria and management of adult and pediatric sleep disorders
- Develop a patient centered model for treatment support
- Review surgical options to treat sleep apnea
- Recognize potential differences in treating elderly patients with sleep apnea
- Recognize possible connections between obstructive sleep apnea (OSA), bruxism and temporomandibular joint dysfunction (TMJ)

COURSE DIRECTOR

A. Reauelle King, MD and Nikkie Benson, BS, RPSGT

For more information, email: ipce@imail.org or call 1.801.507.8470; Toll-Free: 1.800.910.7262

AGENDA

Time	Speakers and Topics
7:30 AM	Registration and Breakfast
7:55 AM	Welcome and Schedule Overview | *A. Reauelle King, MD*
8:00 AM	Chronic Covid-19 Considerations for a Sleep Physician | *Dixie L. Harris, MD*
8:45 AM	Influenza Virus and Sleep, Lessons Learned | *James M. Krueger, PhD*
9:30 AM	Break
9:45 AM	Restless Leg Syndrome and Augmentation | *Alex Blaty, MD*
10:30 AM	The Well Rounded Sleep Tech | *Kimberle Shannon, RPSGT, RPT*
11:15 AM	Cannabis and Sleep | *Jeremy Stoddardt, MD*
12:00 PM	Lunch
12:45 PM	Pediatric vs. Adult Sleep Medicine | *Melissa Maloney, MD*
1:30 PM	Patient Centered Care: Treatment Support Clinic | *Joshua Bollschweiler, RPSGT, CCSH*
2:15 PM	A Review of Surgical Treatments for Sleep Apnea | *Michael Catten, MD*
3:00 PM	Break
3:15 PM	Shifting Pyramid, Shifting Paradigm: Obstructive Sleep Apnea in the Elderly and its Treatment with CPAP | *Conrad Addison, MD*
4:00 PM	The Possible Connection Between Obstructive Sleep Apnea, Bruxism and Temporomandibular Joint Dysfunction (TMJ) Problems *Kevin Mangelson, DDS*
4:45 PM	Adjourn

ACCREDITATION

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Intermountain Healthcare and the Utah Sleep Society. Intermountain Healthcare is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Credit
Intermountain Healthcare designates this live activity for a maximum of 7.5* *AMA PRA Category 1 Credit(s)™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

*Credit hours are subject to change and are based on actual learning hours and at the discretion of IPCE.

Cancellation and Reimbursement Policy
Full (100%) registration reimbursement for cancellation more than 14 days prior to the beginning of the activity. Half (50%) registration reimbursement for cancellation between four (4) and fourteen (14) days prior to the beginning of the activity. No reimbursement for cancellation three (3) days or less prior to the beginning of the activity.

Exceptions
Exceptions may be allowed only under extenuating circumstances and with approval from the IPCE Director, IPCE Medical Director, and AVP for IPCE.